



SLRCH

SOCIETY FOR LIGHT, RHYTHMS, AND CIRCADIAN HEALTH

**Society for Light, Rhythms, and Circadian Health
36th Annual Meeting
Program**

June 13-16, 2025

Boston, MA, USA

www.slrch.org

| EDT | |
|----------------------|---|
| | Satellite Symposium International Association of Circadian Health Clinics (IACHC) |
| 15:00 - 15:15 | Check In |
| 15:30 - 16:50 | Practical Sessions |
| 15:30 - 15:50 | |
| 15:50 - 16:10 | |
| 16:10 - 16:30 | Jacqueline Lane, PhD, Brigham and Women’s Hospital and Harvard Medical School, USA <i>DLMO at Home/Real-MO</i> |
| 16:30 - 16:50 | Elizabeth Klerman, MD. PhD, Harvard Medical School, Boston, USA <i>Circadian Modelling/Cosinor Analyses</i> |
| 16:50 - 17:00 | Coffee Break |
| 17:00 - 17:30 | Career Panel Elizabeth Klerman, MD. PhD, Harvard Medical School, Boston, USA & Olivia Walch, PhD, Arcascope, USA |
| 17:30 - 18:30 | Socializing |

| EDT | |
|----------------------|---|
| 08:00 - 09:00 | Registration |
| 09:00 - 09:30 | Welcome and Introduction Corrado Garbazza |
| 09:30 - 10:30 | Opening Invited Talks: Setting the Stage |
| 09:30 - 10:00 | Michael Do, PhD, Boston Children's Hospital and Harvard Medical School, USA <i>Sensing Light for Circadian Regulation</i> |
| 10:00 - 10:30 | Daniel Aeschbach, Prof. Dr, University of Bonn, Germany |
| 10:30 - 11:00 | Coffee Break |
| 11:00 - 12:15 | Invited Symposium: Basic I |
| 11:00 - 11:25 | Diego Fernandez, Prof, Cincinnati Children's Hospital Medical Center, USA |
| 11:25 - 11:50 | Laura Fonken, Dr, University of Texas, Austin, USA <i>Circadian Regulation of Neuroinflammation: Implications for Brain and Behavior</i> |
| 11:50 - 12:15 | Ashley Ingjosi, Dr, Ohio State University, USA <i>A starring role for astrocytes in sleep regulation</i> |
| 12:15 - 13:15 | Lunch Break (SLRCH Board Meeting) |
| 13:15 - 14:45 | Oral Session I: Basic Research |
| 14:45 - 15:15 | Coffee Break |
| 15:15 - 16:15 | Industry Symposium |
| 16:15 - 16:45 | Early Career Keynote (by Award Winner) |
| 16:45 - 18:00 | Data Blitz |
| 18:00 - 19:30 | Reception and Poster Session |

| EDT | |
|----------------------|--|
| 09:00 - 10:30 | Oral Session II: Translational Research |
| 10:30 - 11:00 | Coffee Break |
| 11:00 - 12:15 | Invited Symposium II: Translational Research |
| 11:00 - 11:25 | Andrew McHill, PhD, Oregon Health & Science University, USA <i>Sleep/Circadian Metabolic</i> |
| 11:25 - 11:50 | Jeanne Duffy, PhD, Brigham and Women's Hospital and Harvard Medical School, USA <i>Aging, Sleep, and Circadian Rhythmicity</i> |
| 11:50 - 12:15 | Jacqueline Lane, PhD, Brigham and Women's Hospital and Harvard Medical School, USA <i>Genetics and Circadian Biology</i> |
| 12:15 - 13:15 | Lunch and Posters |
| 13:15 - 14:45 | Invited Symposium III: Clinical Research/Circadian Medicine |
| 13:15 - 13:40 | Jessica Lunsford-Avery, PhD, Duke University, USA <i>Light Irregularity ADHD</i> |
| 13:40 - 14:05 | Stephanie Crowley, PhD, Rush University Medical Center, Chicago, USA <i>Circadian vs. Social Clocks: Using Light to Improve Sleep and Circadian Health of Teens</i> |
| 14:05 - 14:30 | Marta Garaulet, PhD, University of Murcia, Spain |
| 14:30 - 15:15 | Coffee Break |
| 15:15 - 16:15 | Oral Session III: Clinical Research/Circadian Medicine |
| 16:15 - 17:15 | Keynote |
| 19:30 - 00:00 | Gala Dinner |

| EDT | |
|---------------|---|
| 09:00 - 10:00 | SLRCH General Assembly |
| 10:00 - 11:30 | Oral Session IV |
| 11:30 - 12:30 | Lunch |
| 12:30 - 13:30 | Year in Review |
| 12:30 - 12:45 | Jonathan Lipton, MD, PhD, Boston Children's Hospital and Harvard Medical School, USA <i>Basic</i> |
| 12:45 - 13:00 | Frank Scheer, PhD, Brigham and Women's Hospital and Harvard Medical School, USA <i>Translational</i> |
| 13:00 - 13:15 | Milena Pavlova, MD, Brigham and Women's Hospital and Harvard Medical School, USA <i>Clinical</i> |
| 13:15 - 13:30 | Melissa St. Hilaire, PhD, Merrimack College, North Andover, USA <i>Modelling & Technology</i> |
| 13:30 - 14:00 | Awards and Closing Remarks |

The SLRCH proudly collaborates with its 2025 industrial partners

lumie[®]



Chrono@Work
Research, Training & Consultancy

novolytix
THE Melatonin Assay Company

 **arcascope**

 **clocks & sleep**
an Open Access Journal by MDPI

DLA
DAYLIGHT
ACADEMY

 **CENTER FOR**
Environmental Therapeutics
FOR PROFESSIONALS AND THE PUBLIC Est. 1994

 **GEXVal**
Generating Extra Value for Rare Diseases



 **SLRCH**
SOCIETY FOR LIGHT, RHYTHMS AND CIRCADIAN HEALTH