



**SLRCH**

SOCIETY FOR LIGHT, RHYTHMS, AND CIRCADIAN HEALTH

**SOCIETY FOR LIGHT, RHYTHMS, AND CIRCADIAN HEALTH  
37TH ANNUAL MEETING  
PROGRAM**



**11 - 13 SEPTEMBER, 2026**

**UNIVERSITY OF MILAN, LA STATALE**

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## EARLY CAREER MEETING

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| <b>08:15 - 09:00</b> | <b>Registration Early Career</b>   |
| <b>09:00 - 10:30</b> | <b>ECI Session 1</b><br>Dr. Laura Kervezee (Leiden University Medical Center, NL)<br>Dr. Manuel Spitschan (Technical University of Munich, GE) |
| <b>10:30 - 11:00</b> | <b>Break</b>   |
| <b>11:00 - 12:00</b> | <b>ECI Session 2</b><br>Dr. Renske Lok (University of Colorado Boulder, US)<br>Dr. Altug Didikoglu (Izmir Institute of Technology, TR)         |
| <b>12:00 - 13:00</b> | <b>Lunch &amp; ECI Social</b>  |

17:45 – 20:30

## ANNUAL MEETING

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| <b>12:00 - 13:00</b> | <b>Registration 37th Annual Meeting</b>  |
| <b>13:00 - 13:30</b> | <b>Welcome &amp; Introduction: Society for Light, Rhythms, and Circadian Health</b><br>Dr. Corrado Garbazza (Centre for Chronobiology UPK Basel & Canton Hospital of Graubünden, CH)<br>Dr. Annamaria Cattaneo, University of Milan, IT)           |
| <b>13:30 - 14:00</b> |  |
| <b>14:00 - 14:30</b> | <b>Introductory Talk: International Society for Bipolar Disorders</b><br>Dr. Tone Henriksen (Valen Hospital, Bergen, NO)   |
| <b>14:30 - 15:00</b> | <b>Break</b>   |
| <b>15:00 - 16:15</b> | <b>Circadian Pathways in Mental Health and Insomnia</b><br>Dr. Daniel Smith (UK Circadian Mental Health Network, UK)<br>Dr. Luigi Ferini-Strambi (Vita-Salute San Raffaele University, IT)<br>Dr. Laura Palagini (University Hospital of Pisa, IT) |
| <b>16:15 - 16:30</b> | <b>Break</b>   |
| <b>16:30 - 17:00</b> | <b>ECI Keynote: ECI Award Winner</b>   |
| <b>17:00 - 17:30</b> | <b>Data Blitz</b>  |
| <b>17:30 - 19:30</b> | <b>Reception &amp; Posters</b>   |

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| <b>09:00 - 10:30</b> | <b>Oral Session 1</b><br>(6 talks selected from abstracts)   |
| <b>10:30 - 11:15</b> | <b>Break &amp; Posters</b>   |
| <b>11:15 - 12:00</b> | <b>Industry Symposium</b>  |
| <b>12:00 - 12:45</b> | <b>Lunch &amp; Sponsors</b>  |
| <b>12:45 - 14:15</b> | <b>Oral Session 2</b><br>(6 talks selected from abstracts)   |
| <b>14:15 - 15:00</b> | <b>Break &amp; Posters</b>   |
| <b>15:00 - 16:15</b> | <b>Circadian Health Across the Lifespan</b><br>Dr. Sarah England (Washington University in St. Louis, US)<br>Dr. Ryan Logan (University of Massachusetts Chan Medical School, US)<br>Dr. Taisuke Eto (Max Planck Institute for Biological Cybernetics, GE) |
| <b>16:15 - 16:30</b> | <b>Break</b>   |
| <b>16:30 - 17:30</b> | <b>Keynote</b><br>Dr. Marijke Gordijn (University of Groningen, NL)  |
| <b>19:00 - Late</b>  | <b>Conference Dinner</b>   |

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| <b>09:00 - 10:00</b> | <b>Members Meeting</b>  |
| <b>10:00 - 10:45</b> | <b>Break &amp; Posters</b>  |
| <b>10:45 - 12:00</b> | <b>Data, Devices, and Drug Timing: Innovations in Chronotherapy</b><br>Dr. Timo Partonen (Finnish Institute for Health and Welfare, FI)<br>Dr. Eva Winnebeck (University of Surrey, UK) |
| <b>12:00 - 12:45</b> | <b>Lunch &amp; Sponsors</b>   |
| <b>12:45 - 14:15</b> | <b>Oral Session 3</b><br>(6 talks selected from abstracts)  |
| <b>14:15 - 15:00</b> | <b>Break</b>  |
| <b>15:00 - 16:00</b> | <b>Year in Review</b>   |
| <b>16:00 - 16:30</b> | <b>Awards &amp; Closing Remarks</b>   |

17:45 – 20:30



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